

Tackling sex, drugs & alcohol

Thursday 2 October 2008
Brangwyn Hall
Swansea

Conference Pack

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Welcome and Introduction

Welcome to the fifth national conference of the All-Wales Sexual Health Network (AWSHN) - we're delighted that you are able to join us for what promises to be a lively and useful day. Improving sexual health and reducing the impact of substance misuse, including alcohol dependence and binge drinking, are all important for improving health and wellbeing in Wales. The links between drug and alcohol misuse and poor sexual health mean that taking an integrated approach is becoming increasingly important.

The links between sexual health and substance misuse will be the theme of this national conference. A keynote address from Professor Mark Bellis from Liverpool John Moores University will set out the evidence of the impact of drugs and alcohol on sexual decision making and risk taking. The conference will also feature presentations about the impact of this on services and how some organisations in Wales are already working on this issue.

The day will combine plenary presentations and panel discussions, with plenty of opportunity for questions, discussions and networking with colleagues.

We've put together what we believe will be a varied and relevant programme for today, and you'll find more information about this in the rest of the pack. If you have any questions at all please don't hesitate to ask one of our members of staff, who will be visible to direct you and answer any questions throughout the conference. The Sexual Health Network is all about you, our members, so we do hope you are able to join in today's discussions fully and that you benefit from sharing information and networking with colleagues throughout the day.

Post conference information, including presentations from the event and details of how to obtain electronic certificates of attendance, will be posted on our website after the event: www.shnwales.org.uk

We hope you enjoy the conference!

Best wishes,

*The All-Wales Sexual Health Network Team
at fpa and the Wales Centre for Health*

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Information about the AWSHN

The All Wales Sexual Health Network was set up in 2000 as part of the action plan to implement the Strategic Framework for Promoting Sexual Health in Wales. It is intended to provide a discussion forum for a range of agencies involved in promoting better sexual health, and to be a means of promoting best practice and increasing public understanding of sexual health issues. In October 2005, the Welsh Assembly Government awarded a three-year contract for the management of the Network to a partnership between fpa and the Wales Centre for Health.

The All Wales Sexual Health Network has already made an important contribution to sexual health in Wales and we believe that we can secure further benefits and developments by working collaboratively in the management of the Network and bringing together our organisations' respective expertise and resources.

The Partners



fpa is the UK's leading sexual health charity working to improve the sexual health and reproductive rights of all people throughout the UK. We run a comprehensive information service and produce a variety of publications to support professionals and the public. We also run training courses for professionals involved in delivering sexual health services. fpa provides a national voice on sexual health issues and works with the public and professionals to ensure high quality information and services are available to all who need them.

Our community projects in Wales include the Jiwsj project which provides sex and relationships education for vulnerable young people in North Wales and the extremely successful Speakeasy programme which aims to enable parents and carers to develop the skills, knowledge and confidence to discuss sex with their children and is available in Cardiff and the surrounding areas.



The Wales Centre for Health was established as an Assembly Government Sponsored Body in April 2005. It has a broad remit of working with partner organisations to contribute to improving the health and wellbeing of the people of Wales by making information available, supporting the training and development of the public health workforce and enhancing the link between public health research, policy and practice.

The Wales Centre for Health has statutory responsibilities as set out in the Health (Wales) Act 2003 including:

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- the development and maintenance of arrangements for making information about matters related to the protection and improvement of health in Wales available to the public
- undertaking and commissioning research into such matters
- the provision and development of training in such matters.

The Wales Centre for Health carries out these functions by working in partnership with all organisations - including the public, private and voluntary sector and academia - with a potential contribution to improving health and wellbeing.

The WCfH and fpa jointly manage the All Wales Sexual Health Network on behalf of the Welsh Assembly Government. A multi disciplinary Board has been established which contributes to the future direction of the Network.

The bilingual website, launched April 2008, further supplements the role of the Network. The site provides sexual health information, details of events and activities and signposts members to other relevant sources of information.

Evaluation of the Network

The All Wales Sexual Health Network is currently undergoing an external evaluation.

In order to improve the service provided by the Network, an assessment process is being conducted by Wavehill Consulting. As part of this process, the Consultants will be contacting a random sample of registered members to ask for their views on the Network and its future development.

All Network members have been notified of the evaluation and offered the opportunity to opt out of the process.

Welsh Language

Arrangements have been made for the provision of simultaneous translation at the conference. We actively encourage delegates to participate through the medium of Welsh in the main conference proceedings.

Headsets for the translation service will be provided to all delegates. **Please remember that headsets are to be returned at the end of the day.**

Presentations and accompanying paperwork will be supplied in the speaker's chosen language.

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Chair: Ginny Blakey

Chair of the Health Related Behaviours and Risk Task and Finish Group, Welsh Assembly Government

09.30-10.30	Registration
10.30	Welcome and housekeeping Chair
10.35	KEYNOTE ADDRESS: Evidence on the impact of drugs and alcohol on people's sexual decision making and vulnerabilities Professor Mark Bellis, Liverpool John Moores University
11.00	Drugs, alcohol and sexual assaults: a policing perspective Detective Chief Inspector Pam Kelly, Dyfed-Powys Police Service
11.20	Sex, drugs and alcohol: the impact on health services Josie Smith and Dr Marion Lyons, National Public Health Service for Wales
11.45	Question and answer session with morning speakers
12.30	Lunch
13.30	Making links between services Alison Collins and Pamela Jones, Clinical Nurse Specialists (Integrated sexual health), Cwm Taf NHS Trust
13.45	Engaging young people Andrew Powles, Community and Teacher Adviser (Health), Newport City Council
14.00	Getting the messages out there: addressing gay men's drug use Richard Scholey, Programme Development Officer, Terrence Higgins Trust
14.15	Supporting professionals Claire Fanstone, Training Manager, fpa
14.30	Question and answer session with afternoon speakers
15.00	Conference closes

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Speaker Biographies

Ginny Blakey

Chair of the Health Related Behaviours and Risk Task and Finish Group;
Head, Tobacco Policy Branch
Welsh Assembly Government

Ginny has worked on health improvement issues in a range of settings, including the voluntary sector and Cardiff University. In 1985-88 she acted as consultant to the International Planned Parenthood Association on projects relating to women's and young people's sexual health.

Ginny was chair of fpa Wales from 1984 to 1988, and in 1988 she joined Health Promotion Wales to develop the organisation's sexual health programme, later working on alcohol and drugs issues. Ginny transferred into the Welsh Assembly Government's Department of Public Health and Health Professions in 1999 and is currently Head of the Tobacco Policy Branch. She chairs the Task and Finish Group on Health Related Behaviour and Risk which has been set up as part of the scoping work for 'Our Healthy Future', the Public Health Strategic Framework for Wales.

Professor Mark Bellis

Director

Centre for Public Health, Liverpool John Moores University

Professor Mark Bellis is Director of the Centre for Public Health (at Liverpool John Moores University); a World Health Organisation (WHO) Collaborating Centre for Violence Prevention. He also directs the North West Public Health Observatory, the lead UK observatory for public health intelligence on alcohol, drugs and violence. Mark heads a team of academics and health professionals undertaking national and international projects addressing alcohol and drug use, violence, sexual behaviour and public health intelligence. He represents the European Public Health Alliance on the EU task force on youth-specific aspects of alcohol, is UK Focal Point on Violence and Injury Prevention to the World Health Organisation and directs Club Health (www.clubhealth.org.uk), an international initiative sharing good practice on nightlife health and security. He is a founding member of the WHO Global Violence Prevention Alliance (VPA) and chair of the VPA Working Group on Youth Violence, Alcohol and Nightlife. Mark is a member of the Medical Research Council's College of Public Health Experts and has acted as expert advisor on substance use to the WHO, the United Nations and the European Monitoring Centre for Drugs and Drug Addiction.

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DCI Pam Kelly

Dyfed Powys Police Service

Biography not available at time of print.

Josie Smith

Research Scientist

National Public Health Service for Wales (NPHS)

Josie Smith is employed as a Research Scientist in the National Public Health Service for Wales. Her primary research focuses on drug and alcohol misuse and blood borne viruses, specifically hepatitis C and HIV. With a background in Psychology, her research encompasses epidemiological, public health and psychological perspectives on substance misuse.

Dr Marion Lyons

Lead CCDC, Programme Lead Sexual Health & Blood Borne Viruses, NPHS;

Director, Sexual Health Services Modernisation, Welsh Assembly Government

Dr Marion Lyons is the Lead Consultant in Communicable Disease Control, leading the all Wales Health Protection Team within the health protection domain of the National Public Health Service. As well as this operational role, she also has responsibilities for leadership of two of the health protection programmes: the Blood Borne Viral Hepatitis Programme and the Sexual Health Programme.

Dr Lyons was appointed Consultant in Public Health Medicine to Sefton Health Authority in 1994, moving to Cardiff to take up her role of Consultant in Communicable Disease Control for Bro Taf Health Authority in 2000. Since 2004, Dr Lyons has been seconded part time to the Welsh Assembly Government as Director of Modernisation of HIV and Sexual Health Services.

Alison Collins

Clinical Nurse Specialist (integrated sexual health)

Cwm Taf NHS Trust

Alison qualified as an Enrolled Nurse in 1982, and then worked within acute surgery mainly urology, gynaecology and day surgery. In 1995 she successfully completed a conversion course to gain 1st level registration, and in 1997, obtained a post within the GUM clinic, obtaining a family planning qualification, Diploma in Professional Practice and a Nurse Practitioner post within the clinic over a period of nine years.

In 2005, Alison decided to change direction slightly and became a Practice Nurse at a busy Valley GP surgery, where a young persons contraceptive/sexual health

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clinic, 'a one stop shop', was established, and due to the numbers attending, highlighted the need for integrated clinics.

In 2006, Alison successfully obtained a brand new post of Clinical Nurse Specialist for Integrated Sexual Health Services within the Rhondda Cynon Taf area. The post is community/hospital based and incorporates existing contraceptive clinics.

Alison is currently undertaking a BSc. in Contraception and Reproductive Health Care at Swansea University.

Pamela Jones

Clinical Nurse Specialist (integrated sexual health)

Cwm Taf NHS Trust

Pamela qualified as an SEN in 1972 and worked on a gynaecology ward for 27 years. During this time she completed her conversion from SEN to RGN.

Pamela then worked for 6 years in community gynaecology clinics, covering family planning clinics, youth advisory service, nurse led cytology, menopause clinic, colposcopy clinics, hysteroscopy and pregnancy advisory service.

In 2006, Pamela took on the role of clinical nurse specialist (CNS) for integrated contraception and sexual health in the Merthyr and Cynon areas. This role was introduced to work with clients who were asymptomatic. These clients would be appointed from the GUM setting, thus reducing their waiting times. The CNS role is in the process of developing to see symptomatic clients.

At present, Pamela is in the process of completing her degree in Contraception and Sexual Health at Swansea University.

Andrew Powles

Community and Teacher Adviser (Health)

Newport City Council

Andrew currently works for Newport City Council as Community and Teacher Adviser (Health) with a remit to develop the provision of sex and relationships education and substance misuse education in children and young people's settings.

His previous employment includes working as a Secondary School Science Teacher; Finance Manager for the Medical Research Council, Teenage Pregnancy Strategy Coordinator for the London Boroughs of Haringey and Enfield and as the Sex and Relationships Education Coordinator for the London Borough of Greenwich.

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Andrew has completed degrees with the University of Warwick, University of Nottingham and Kings College London. He is currently completing a Professional Doctorate in Education with the University of Bristol.

Richard Scholey

Programme Development Officer

Terrence Higgins Trust

Richard Scholey has worked in HIV prevention and sexual health promotion, primarily with gay men, for the last 15 years, and for the last ten years, at Terrence Higgins Trust in London. He is responsible for the production of small, print media and web-based and mass media interventions aimed at gay men, as well as material aimed at the HIV/sexual health sector. Richard has produced materials on issues as diverse as HIV (including new prevention technologies), a wide range of sexually transmitted infections, relationships, sexual dysfunction, circumcision, social marketing, homophobia, gay youth and the impact of tourism on sexual risk taking. Recent years have seen Richard become increasingly involved in harm reduction interventions around gay men's alcohol and recreational drug use.

Claire Fanstone

Training Manager

fpa

Claire is the Training Manager of fpa, responsible for England, Scotland and Wales. Before this post, Claire had previously been with fpa in a role working with staff who worked with people with learning disabilities in sexual health, sex and relationship and sex education.

Previously Claire ran a theatre company working with people with learning disabilities and those recovering from mental illness.

Claire is co-author of 'Sexuality and Learning Disabilities' fpa 2003, and '*Learning Disabilities, Sex and the Law, a practical guide.*' fpa 2005

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Synopsis of Presentations

Evidence on the impact of drugs and alcohol on people's sexual decision making and vulnerabilities

Professor Mark Bellis

An epidemic of recreational drug use and binge drinking exposes millions of young people to routine consumption of substances which alter their sexual decisions and increase their chances of unsafe and regretted sex. However, for many, substance use has become an integral part of their strategic approach to sex, used to reduce inhibitions in approaching potential sexual partners, facilitate sexual experimentation and performance, and to enhance feelings during sex. Tackling substances with both physiological and psychological links to sex, and reducing sexual risk taking, requires approaching substance use and sexual behaviour in the same way that individuals experience them; as part of the same social process.

Drugs, alcohol and sexual assaults: a policing perspective

Detective Chief Inspector Pam Kelly

Not available at time of print.

Sex, drugs and alcohol: the impact on health services

Josie Smith and Dr Marion Lyons

Not available at time of print.

Making links between services

Alison Collins and Pamela Jones

Powerpoint presentation on the link between Community Drug and Alcohol Team and Sexual Health.

Engaging young people

Andrew Powles

The presentation will highlight the collaboration by Newport Community Safety Partnership and Newport Children and Young People's Partnership to fund and guide the development of sex and relationships education and substance misuse education in Newport.

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Getting the messages out there: addressing gay men's drug use

Richard Scholey

A review of how gay men's recreational drug use differs from that of the general population (as shown in the National Gay Men's Sex Survey), links between gay men's drug use and HIV infection and a look at recent drug and alcohol-themed printed, web and counselling-based interventions carried out by Terrence Higgins Trust with this target group.

Supporting professionals

Claire Fanstone

Claire will be speaking about fpa training and a new training course available for professionals called "Hammered and Horny! Alcohol Use, Sexual Activity and Young People"